

February 2010

# iowa educators consortium

An initiative of Iowa Area Education Agencies



- 924910 Cod Sea Nuggets OR CN 160/1oz
- 921320 Pollock Nuggets OR CN 160/1oz
- 921330 Cod Sticks Minced PC CN 160/1oz
- 921350 Pollock Alaskan Brd CN 44/3.6oz
- 924500 Shrimp Mates 26-30 ct 6/2#

## ICELANDIC



### Great Lenten Items!

- 924930 Pollock Alaskan Nugget Brd OR CN 213/.75oz
- 924940 Fish Shapes Nautical Brd PC CN 160/1oz
- 920010 Cod Stick Brd PC CN 160/1oz
- 925010 Pollock Seafood Sliders OR CN 100/1.6oz
- 920080 Pollock Rect W/Cheese CN 45/3.5oz
- 920048 Pollock Alaskan Bat OR CN 53/3oz
- 920158 Cod Battered Wedge OR 80/2oz
- 920168 Cod Battered Wedge OR 53/3oz
- 920211 Cod Brd Sea Crisp Rect OR CN 53/3oz

### Use Icelandic for your Lent menus

Check out the IEC Foodservice Newsletter on our website [www.iec-ia.org](http://www.iec-ia.org) Click on the food link on the left side of the front page.

### February is:

- American Heart Month
- National Black History Month
- National Cherry Month
- National Pancake Week - Feb 14-20
- Lent - Feb 17 - April 3
- Feb 14 - Valentine's Day
- Feb 17 - Ash Wednesday
- Feb 25 - National Chili Day



### Highest Quality

- 915510 Bacon Fast & Easy Round FC 192/3.5"
- 915610 Bacon Fast N Easy PC 300sl
- 914940 Bacon Fast N Easy Thin PC 300sl
- 915760 Sausage Nuggets FC 400/.4oz
- 916080 Sausage Links Fast N Easy Sknl 200/.8oz
- 915840 Sausage Patty Fast N Easy PC 107/1.5oz

**Heat & Serve – kids know the Hormel name!**

3712 Cedar Heights Drive  
Cedar Falls, IA 50613  
Ph. (319) 268-9000  
Fax (319) 273-8282  
ddreyer@iec-ia.org

Food Service Director

## Retiring

If you or someone in your Foodservice is retiring let us know! You will be in the "spotlight" in the May IEC newsletter. Please contact Marie at 319-268-9005 or mthomas@iec-ia.org before March 1, 2010 so we can be sure to get the information from you.



### These Kellogg's items are a good source of fiber

- 421340 Apple Jacks Reduced Sugar Bowl Pack 96/.70oz
- 421020 Fruit Loops Reduced Sugar Bowl Pack 96/.67oz
- 421140 Fruit Loops Bowl Pack 96/.75oz
- 90507800 Frosted Mini Wheats Chocolate Bowl Pack 96/1oz
- 420370 Grab & Go Cereal Pack Assortment 120/1oz



- 411730 Cinnamon Graham Snacks Gripz Mini 150/1oz
- 411570 Honey Grahams With Fiber 150/3ct



- 991790 Mini Cinni Yums 240/1.25oz  
Bite sized cinnamon roll dough, comes with icing
- 940110 Ultimate Breakfast Round Raspberry 140/2.5oz  
Chewy 100% Whole Grain, Good Source Of Fiber
- 940180 Cheese Pizza Crunchers (4) – 280 pieces per case  
26g Of Whole Grain, 5g Of Fiber, 100% Mozzarella, 2m/ma, 2 Breads

### \$5.00 per case on these Kellogg's items



- 414020 Pop Tart Whole Grain Brown Sugar Cinnamon 120/1.76oz
- 414030 Pop Tart Whole Grain Strawberry 120/1.76oz



- 413900 Nutri Grain Bar Apple Cinnamon 3/16ct
- 414240 Nutri Grain Bar Blueberry 3/16ct
- 413930 Nutri Grain Bar Raspberry 3/16ct
- 413910 Nutri Grain Bar Strawberry 3/16ct



923110 Shrimp Popper Brd OR CN 110ct 5/2#



923290 Shrimp Fries Brd CN 28/32ct 4/3#

### Mark your Calendars School Spirit Buying Shows

Tuesday, July 27  
Five Sullivan Convention Center – Waterloo

Thursday, July 29  
The Gateway Center – Ames

More details to follow!!

### Telephone numbers at the IEC office have changed!

Please change your records to:

Dan Dreyer, Director 319-268-9000

Marie Thomas, Administrative Assistant  
319-268-9005



### Loaded With Cheese! CN approved

- 949400 Pizza Cheese 4x6 Fit For Kids CN 96/4.56oz
- 948900 Pizza Cheese 4x6 CN 96/5oz
- 947630 Pizza Cheese DBLStuff Wheat CN 96/3.74oz
- 947650 Pizza Cheese STFD CRST Wheat CN 75/5.75oz
- 948930 Pizza Cheese Stuffed Crust Max CN 72/5.75oz
- 947660 Pizza Cheese Slice Whole Grain CN 96/4.67oz
- 948380 Chili Cheese Wraps Whole Grain CN 60/4.8oz
- 948780 Cheese Quesadilla Pizza Whole Grain CN 96/5oz
- 948850 Cheese Quesadilla Pizza CN 48/5oz

Give the kids something that they can really sink their teeth into!

### Quote of the Month:

Some people come into our lives and quickly go. Some stay for a while, leave footprints on our hearts, and we are never, ever the same. –Flavia Weedn

The \$5.00 rebates run until July 31, 2010. Martin Bros. Dist. Co will track your purchases via computer. The maximum rebate is 50 cases and \$250.00 All you need to do is purchase these Kellogg's products. Your salesrep will give you the correct paperwork after July 31, 2010. Rebate must be postmarked by August 30, 2010. For more information visit [www.kelloggsfoodawayfromhome.com](http://www.kelloggsfoodawayfromhome.com)