

# iowa educators consortium

May 2009

An initiative of Iowa Area Education Agencies

## In Honor of the 2008 - 2009 Foodservice Retirees

### Retirement

Retirement is the end of work,  
That's what some seem to say,  
But I have talked to many more,  
Who say it's not that way.

It only means you've left one place,  
And now must find another,  
For all that money you should get,  
Is feeding someone's brother.

So, now that you are finished here,  
We would like to say,  
We're going to miss your smiling face,  
And all those special ways.

You've taught us how you did so well,  
And made it fun to learn,  
But don't forget to call some times,  
One day you might return.

Author Unknown

### Conny Redway Clear Lake Comm. Schools



Conny has been the Foodservice Secretary for 11 years. Conny and Jim have been married for 17 years and have many things to be thankful for. Their kids are Matthew (Patty), Michael (Charlotte), Deanna (Luke) and Rick (Amanda). They have eight grandkids -- Victoria, Miranda, Tanner, Cameron, Tristan, Katie, Kyle and JJ. Her funniest moment was when the girls in the kitchen used baking soda to sprinkle the tops of their brownies instead of powdered sugar! Biggest changes for her have been in the area of collecting money from the kids in order to keep foodservice in the black. She will miss the interaction with the kids and said their favorite meals are corn dogs and hot dogs. She and her husband plan to travel and take care of her 94 and 98 year old parents! Happy Retirement!

### Stephana Kallemeyn R.N. Carroll Community Schools



Stephana has worked in the Carroll School District for over 10 years as a Foodservice Director. She has been married to Earl for over 40 years! They have a daughter Sara (Troy), and two sons, Joe (Lisa) and Bill. They enjoy their six grandchildren Kyndall, Connor, Dylan, Alex, Coby and Gweneth. The biggest changes in foodservice for Stephana have come with all the increased requirements with the Health and Wellness and HACCP and the Civil Rights review. Her funniest moment was when her staff was helping her develop a new menu and suggested that they should offer 'peanut butter bread'. She checked and asked for a recipe and found out that a peanut butter sandwich is also known as 'peanut butter bread'! She will miss her very dedicated staff and friends the most. The kids' favorite meal is crispos, walking tacos, and just about anything with cheese! She said they introduced scalloped potatoes and ham, and mac & cheese over the years and it was fun to watch the kids reactions to new menu ideas. Her favorite recipe is pizza noodle bake (Carroll's special recipe) served with homemade rolls! Stephana and Earl plan to spend more time with the grandkids, take a trip to Maui to see an old friend and take a Master Gardener course. Best of luck and have a great retirement!

### Evelyn Smith Nevada Comm. Schools



Evelyn has been with the Nevada schools working in the kitchen at the middle school for 13 years. As incredible as this sounds, Evelyn has 6 kids, 17 grandkids and 12 great-grandkids! She says also that the school now is serving less treats (cookies and cake) and more fruits and vegetables. The kids are what she will miss the most. Evelyn plans on enjoying life and doing some traveling. Her hobbies that will keep her busy are baking and embroidery. Her favorite menu item was BBQ pork sandwiches. Evelyn, we hope you enjoy your retirement and your family!

### Connie Pemberton Eldora-New Providence School



Connie Pemberton has been a Foodservice Director at Eldora-New Providence for over 22 years. Before her years at the school she owned and operated Connie's Kitchen in New Providence. She has been happily married to her husband, Larry, for 40 years. They have two children Rod (deceased) and Christi (Jimmy) Giguere. They have been blessed with two grandsons, Colby Pemberton and Jarod Giguere. One of her funniest moments was when a vendor gave her instructions to mix up a whole 5# box of pancake mix and sausage links and spread into a full size sheet pan and bake. It was supposed to be some kind of new pancake/breakfast item and when she opened the oven to check it, there were pancakes rolling out of the oven. She found out later that it was supposed to be spread into two full sheet pans -- not just one! She said she still made it work and the kids loved it! The biggest changes she has seen is that kids go for bad nutritional items like snacks and junk food and feels that kitchen equipment like stoves and steam kettles etc. have improved and made the kitchen staff's life easier. She will miss her staff and plans on spending more time relaxing (no getting up at 5:00am anymore) and being with her grandsons. Connie's favorite recipe is one she brought from Connie's Kitchen and it is her homemade chicken and noodles. Thank you Connie for all your service and taking care of the kids over the last 22 years!

### Mark Your Calendar!



### 10th School Spirit Buying Show

Tuesday, July 28 at Five Sullivan Bros.  
Convention Center -- Waterloo

or Thursday July 30 at The Hotel  
at Gateway Center -- Ames

Invite will be coming to your school district in May.



### Don't forget to turn in your signed Cooperative Food Purchasing Agreement

Agreements for the 2009 - 2010 school year can be returned to the IEC office.

You can fax 319-273-8282 or mail to: 3712 Cedar Heights Drive, Cedar Falls, IA 50613

# Food Service Director

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ddreyer@iec-ia.org

## Leona "Lee" Park Atlantic School



Leona has been with Atlantic Comm. Schools for over 31 years. She was married to Joshua Sr. (deceased) for 19 years. Lee has 11 kids – Don, Laura (Brian), Gene, Karmen (Clint), Kevin, Toni, Sam (Christine), Janet (Keith), Chuck (Jamey), Josh Jr. and Jacque. She is blessed with 22 grandkids and 1 great-grandchild! Lee says the dress code for the kids has been a big change over the years. They used to dress nicer than today. She will miss serving the kids, her own grandkids, and her co-workers. She plans on spending her time seeing family, reading, camping, bird watching, subbing for the kitchen once in a while and just keeping busy. The kids favorite lunch was pizza and chicken sandwiches. Best of luck in your retirement Lee!



## Evelyn Wildeboer Nevada Comm. Schools



Evelyn has worked for 18 years as a dishwasher. She has 2 daughters, 4 grandkids and 1 great-grandchild. She will miss the kids the most. Good luck in retirement!

## Jan Ferriss Nevada Community Schools



Jan has worked at the Nevada Schools as an Assistant Cook for 32 years! Jan and her husband Gayle (Midge) have been married for 29 years. They have five kids. The biggest changes in school foodservice have been the use of more fruits and vegetables on the menus and the choice kids now have available through salad bars and salads. Jan says she will miss her co-workers the most as well as seeing her grandkids come through the serving line saying "Hi, Grandma!" She plans on spending more time with family and her favorite menu item was "strawhats"-- corn chips, taco meat and shredded cheese. Kids make taco salads using these ingredients. Job well done, Jan, and have a great retirement!

## Jeanne Phelan Nevada Comm. Schools



Jeanne has been with Nevada Comm. Schools for 5 years. Jeanne and her husband Daniel have been married for 51 years! They have 5 kids, 9 grandkids and 1 great-grandchild. She will miss her co-workers and the kids that have kept her going every day. Her plans are to take one day at a time. She enjoys reading, sewing and flying kites. Her favorite menu item was chicken legs. Enjoy yourself in retirement!

### DID YOU KNOW:

- Strawberries contain more vitamin C than oranges.
- Americans, on average, eat 18 acres of pizza a day.
- The average person spends two weeks of its life waiting for a traffic light to change.
- Rinsing bacon under cold water before frying can reduce the amount it shrinks by almost 50 percent.
- To take lumps out of a bag of sugar, place it in the refrigerator for 24 hours.
- Chewing gum while peeling onions will prevent you from crying.
- The lifespan of a taste bud is 10 days.